



CNHA PARENT CODE OF CONDUCT AND EXPECTATIONS

Calgary Northstars Hockey Association (CNHA) and its members to represent themselves at the highest possible level and will be regarded as the premier association in Calgary, Canada, as well as internationally. CNHA strives to instill:

Good Sportsmanship * Hard Work * Integrity * Respect for Others * Professionalism * Respect for the Game

As a member of the CNHA you are significant and valued adult representatives of the Association. Your primary mission is dedicating your efforts to the advancement of your child and yourself in the areas of sportsmanship, life skills, self-confidence and hockey skills. This advancement is to take place in a safe and positive environment that you are to ensure is provided and maintained. Your success in accomplishing this mission is fundamental to CNHA.

As a parent of a player representing the Calgary Northstars, you are an integral part of ensuring the success of CNHA. As such, I agree to the following Code of Conduct:

1. I will respect the game and follow all rules and regulations of Hockey Canada and policies put forward by CNHA.
2. I will display control, respect, and professionalism to all involved with the sport. I will not engage in unsportsmanlike conduct with any opponents, coaches, officials, administrators, parents, players, spectators, the media, or other attendees. This includes verbal or physical threats, fights, profane language or abuse aimed at any of the above listed attendees.
3. I will refrain from the use of all illegal drugs and the use of excessive alcohol when attending a CNHA game, practice and/or function. I understand that if I am under the influence of alcohol or any drugs that I may be asked to leave a CNHA game and/or function.
4. I will wait the prescribed 24 hours before approaching a coach with a game situation concern or any other issue or concern.
5. I understand my child may not play or participate in games practices of another ice hockey team during this season without prior approval from CNHA.
6. I will complete the Respect in Sport online course and abide by all learnings in said course.
7. If I am a team manager, I agree to comply the CNHA policy which requires a Police Criminal Record Check.

Failure to comply with these standards may result in disciplinary actions, including but not limited to:

1. **A verbal warning regarding the infraction.**
2. **A written warning regarding the infraction.**
3. **Suspension or immediate ejection from a game, practice or team function for the infraction.**
4. **Suspension from multiple games, practices or team functions for the infraction.**
5. **Season suspension or expulsion for the infraction.**

Disciplinary actions shall be at the discretion of the CNHA Board or General Manager. The CNHA and GM reserves the right to bypass any or all of the foregoing steps



As a parent of a player in CNHA, there are expectations that your Association has of you. These expectations are your responsibility to carry out and are necessary for you to fulfill and maintain your membership in CNHA. Being a member of the Association is a privilege, not a right. To maintain your membership and the ability of this Association to provide these opportunities to yourself, your child, and other members, you as a parent are expected to:

REMEMBER THAT WINNING IS NOT EVERYTHING

- o Teaching your child that improving his/her life and hockey skills, making friends and doing his/her very best is more important than winning. If you can instill this in your child as a life lesson, he/she will never feel defeated by the outcome of a game, now, or in the future.
- o Promote self-confidence in your child by offering praise for competing fairly and doing his/her best every shift.

SHOW RESPECT FOR ALL PARTICIPANTS OF THE GAME

- o This includes your child, your child's teammates, his/her parent, coaches, manager, opponents, game officials and spectators.
- o Showing respect means you will encourage, support, nurture, and take responsibility for your own actions and accept the consequences of inappropriate behavior (loss of membership rights and privileges and/or suspension of your child's playing privileges).

BE A TEAM PLAYER

- o In addition to the preceding you will be committed, punctual, accountable, as well as follow and support team rules and objectives.
- o You will ensure your actions support and do not hinder your child as a player in accomplishing his/her player expectations and commitments.
- o You will willingly step forward and volunteer to carry out equally your share of the duties necessary to operate the team and Association.
- o You will treat all participants in team and Association activities equally in your undertakings. You will promote and ensure an equal opportunity to work, to learn and receive instruction, and an equal consistent application of team and Association rules.
- o You will on an ongoing basis measure your attitude by what you are doing for the team and Association rather than what the team and Association is doing for you.

CARE FOR PLAYER EQUIPMENT, CLUB APPAREL AND FACILITIES

- o You will encourage and promote the proper care and maintenance of player equipment and apparel
- o You will encourage and promote to your child the need to respect facility expectations.



ACT APPROPRIATELY

- o Read, understand and adhere to CNHA Policies and Procedures.
- o Respect the volunteers who give their time to hockey. Never verbally or in written statements including electronic form, harass, slander or degrade the Club or the efforts of those who provide or participate in the CNHA hockey program.
- o If traveling on the bus with the team you must abide by the CNHA Zero Tolerance Policy (attached below).
- o Remember that YOUR actions represent other people's perception of our Association, our members and ultimately our community; you are entrusted to represent YOUR child, the team and YOUR Association properly.
- o Failure to maintain and honor that trust will ultimately result in a loss of membership rights and privileges. Remember that you individually are one of the most important role models that your child and his/her fellow players and their parents have to measure their actions and themselves to. The example you set is the one they will measure and remember you by – Good or Bad.

SOCIAL MEDIA

I understand that as a Parent of CNHA, I must be responsible and respectful in my use of social media. Social media includes, but is not limited to: Facebook, Twitter, Instagram, MySpace, YouTube, LinkedIn, SnapChat, chat rooms, message boards, group text messages, etc. As such, I agree:

1. To protect confidential and proprietary CNHA and player information and to not disclose any such information through social media or otherwise.
2. To be respectful in postings, this includes exercising good judgment before posting materials or statements about CNHA or its opponents which:
 - a. Are or could be considered defamatory, vulgar, obscene, racially, culturally or ethnically offensive, harmful, harassing, inflammatory, intimidating, threatening, hateful, objectionable, discriminatory or abusive;
 - b. May violate any laws, rules or regulations; or
 - c. Could incite violence or hostility. This is especially important on public message boards or chat rooms where even a positive comment about CNHA players, coaches or the organization could be seen as inflammatory.
3. To not use any CNHA logos, trademarks, or images in a negative manner on personal social media sites.
4. To not represent my personal views as those of CNHA or its related organizations;
5. To not engage in cyber bullying or other forms of electronic harassment.

I have read and understand the above statements and agree to conduct myself in a manner that demonstrates the standards established in this CNHA Parent Code of Conduct and Expectations.

NAME _____ DATE _____

SIGNATURE _____

TEAM _____