

CNHA PLAYERS CODE OF CONDUCT

Calgary Northstars Hockey Association (CNHA) and its players and coaches represent themselves at the highest possible level and will be regarded as the premier association in Calgary, Canada, as well as internationally. CNHA strives to instill:

Good Sportsmanship * Hard Work * Integrity * Respect for Others * Professionalism * Respect for the Game

Athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. All players must sign this Code of Conduct before being allowed to participate in CNHA hockey.

As a player, representing the Calgary Northstars, I understand that I must follow the rules below to stay in good standing within the organization:

- 1. I will respect the game and follow all rules and regulations of Hockey Canada Hockey and policies put forward by CNHA.
- 2. As a player, I will be loyal to my community, CNHA and my team putting the needs of the team above personal glory. I will fulfill team commitments displaying high ethical and moral character, doing what's right and honest.
- 3. I will not participate in any hazing or initiation rituals while a member of CNHA.
- 4. At no time participate in any form of sexual activity, sexualized behaviour, inappropriate physical/verbal conduct or sexually suggestive communications are strictly prohibited at any team-related function, event, or communication platform. Players are expected to maintain behaviour that reflects respect, maturity, and integrity of team environments at all times.
- 5. I will display control, respect, and professionalism to all involved with the sport.
- 6. I will not engage in unsportsmanlike conduct with any opponents, coaches, officials, administrators, parents, spectators, the media, or other attendees.
- 7. I will refrain from the use of illegal drugs, vaping, tobacco, alcohol, and abusive language, and recognize that the consequences of any such use may include loss of my place on a CNHA team. CNHA has a Zero Tolerance Policy.
- 8. At all CNHA events, I will conduct myself respectfully and will respect the privilege of the use of public facilities; this includes but is not limited to: hotels, restaurants, ice rinks/arenas, and public transportation.
- 9. I will be accountable for my actions on the ice, in the locker rooms, the rinks, the hotels, restaurants, public transportation, etc. when I am representing the CNHA organization or attending CNHA events.
- 10. I will not play or participate in games or practices of another ice hockey team during this current season without prior approval from CNHA.
- 11. As a player, I will wear a CSA approved hockey helmet with chin straps properly fastened and neck protector to all games and practices. In addition, I will wear all apparel provided by CNHA and abide by the CNHA dress code as outlined in the Policy and Procedure manual. This includes game jersey, pant shells, game socks, practice jerseys and appropriate work out gear.
- 12. As a player, I will accept and abide by all team rules put forward by the association and coaching staff.

Failure to comply with these standards may result in disciplinary actions, including but not limited to:



- 1. A verbal warning regarding the
- 2. A written warning regarding the infraction.
- 3. Suspension or immediate ejection from a game, practice or team function for the infraction.
- 4. Suspension from multiple games, practices or team functions for the infraction.
- 5. Season suspension or expulsion for the infraction.

Disciplinary actions shall be at the discretion of the CNHA Board or General Manager. The CNHA and GM reserves the right to bypass any or all of the foregoing steps.

SOCIAL MEDIA

I understand that as a Player for CNHA, I must be responsible and respectful in my use of social media. Social media includes, but is not limited to: Facebook, Twitter, Instagram, MySpace, YouTube, LinkedIn, SnapChat, chat rooms, message boards, group text messages, etc. As such, I agree:

- 1. To protect confidential and proprietary CNHA and player information and to not disclose any such information through social media or otherwise.
- 2. To be respectful in postings, this includes exercising good judgment before posting materials or statements about CNHA or its opponents which:
 - a. Are or could be considered defamatory, vulgar, obscene, racially, culturally or ethnically offensive, harmful, harassing, inflammatory, intimidating, threatening, hateful, objectionable, discriminatory or abusive;
 - b. May violate any laws, rules or regulations; or
 - c. Could incite violence or hostility. This is especially important on public message boards or chat rooms where even a positive comment about CNHA players, coaches or the organization could be seen as inflammatory.
- 3. To not use any CNHA logos, trademarks, or images in a negative manner on personal social media sites.
- 4. To not represent my personal views as those of CNHA or its related organizations;
- 5. To not engage in cyber bullying or other forms of electronic harassment.

USE OF IMAGE AND LIKENESS

I understand that my image or likeness may appear in photographs, pictures or other depictions related to CNHA and that these materials may be used to promote the organization. I agree to permit CNHA to use my image and likeness in connection with CNHA's marketing and promotional efforts. I agree not to challenge such use or seek any form of compensation therefore.

I have read all of the above statements and sign below to indicate that I understand the CNHA Player Code of Conduct and agree to follow this Code while a member of the Calgary Northstars Hockey Association. I also fully understand and accept the consequences of immediate suspension and possible dismissal for the entire season for not following this Code.

NAME	DATE
SIGNATURE	
TEAM	

